

# 2020 Clay County SOTCH Scorecard



## PUBLIC HEALTH DEPARTMENT

### Clay County CHIP Video

The 2018 Community Health Assessment priority areas are:

- **Chronic Disease Prevention and Control**
- **Mental Health**
- **Substance Abuse/Misuse**

The following SOTCH Scorecard was created and submitted **March 1st, 2021** in order to meet the requirements for the Clay County Long and/ or Short Term Community Health Improvement Plans.

Clear Impact Scorecard™ is a strategy and performance management software that is accessible through a web browser and designed to support collaboration both inside and outside organizations. WNC Healthy Impact is using Clear Impact Scorecard™ to support the development of electronic CHIPs, SOTCH Reports and Hospital Implementation Strategy scorecards in communities across the region.

Scorecard helps communities organize their community health improvement efforts:

- Develop and communicate shared vision
- Define clear measures of progress
- Share data internally or with partners
- Simplify the way you collect, monitor and report data on your results

The following resources were used/reviewed in order to complete the SOTCH:

- [WNC Healthy Impact](#)
- [WNC Healthy Impact Data Workbook](#)
- [NC DHHS CHA Tools](#)
- [NC DHHS County Health Data Book](#)
- [NC DHHS/ DPH CHA Data Tools](#)

Divider								
	CHIP	Creating an Environment with Evidence-Based Tactics in an Effort to Foster Positive Health Outcomes for Clay County for generations to come.	Most Recent Period	Current Actual Value	Current Trend	Baseline % Change		
I	Obese	% of Adults in Clay County who are Considered Obese	2018	32%	↗ 2	20% ↑		
I	Heart Disease	% of Adults in Clay County with Heart Disease (heart attack, angina, coronary disease)	2018	12%	↗ 1	71% ↑		
I	Diabetes	% of Adults in Clay County who have Diabetes	2018	16%	↗ 1	12% ↑		
I	150	% of Adults in Clay County Meeting 150 minutes of Physical Activity	2018	18%	→ 0	0% →		
I	Chol	% of Adults in Clay County Told have High Cholesterol	2018	39%	↘ 1	1% ↑		
P DPP Project 24: Diabetes Prevention Program					Most Recent Period	Current Actual Value	Current Trend	Baseline % Change
PM	DPP Weight	DPP weight loss %	2019	4%	→ 1	-33% ↓		
PM	DPP Activity	DPP Total participate activity minutes	2019	233#	↗ 2	120% ↑		

P Strive2thrive Strive to Thrive 2019-2020		Most Recent Period	Current Actual Value	Current Trend	Baseline % Change
PM	S2TBF% Average Participant Body Fat %	HY2 2020	37%	↓ 1	-3% ↓
PM	T. Chol Average Participant Total Cholesterol	2020	195#	↓ 1	-2% ↓
PM	S2THDL Average Participant HDL Levels	2020	54#	↑ 1	6% ↑
PM	S2TLDL Average Participant LDL	2020	116#	↓ 1	-3% ↓
PM	S2TTrig Average Participant TRIG levels	2020	123#	↓ 1	-19% ↓
PM	S2THealth Score Average Participant Health Score	2020	116#	↑ 1	18% ↑
PM	Average Blood Pressure Diastolic	2020	75#	↓ 1	-4% ↓
PM	Average Blood Pressure Systolic	2020	119#	↓ 1	-4% ↓
PM	Average Fasting Glucose	2020	90#	↓ 1	-8% ↓
PM	Participants Enrolled Year 2019- 2020	2020	34#	↓ 1	-37% ↓
P CHIP Strive to Thrive 2020-2020 (6 Months)		Most Recent Period	Current Actual Value	Current Trend	Baseline % Change
PM	Participants Enrolled January 2020- August 2020	HY1 2020	17#	→ 0	0% →
PM	Average Participant Blood Pressure Diastolic HY	HY2 2020	77#	↓ 1	-4% ↓
PM	Average Participant Blood Pressure Systolic HY	HY2 2020	123#	↓ 1	-2% ↓
PM	Average Participant Fasting Glucose HY	HY2 2020	94#	↓ 1	-14% ↓
PM	Average Participant HDL HY	HY2 2020	59#	↑ 1	9% ↑
PM	Average Participant Health Score HY	HY2 2020	110#	↑ 1	17% ↑
PM	Average Participant LDL HY	HY2 2020	113#	↓ 1	-3% ↓
PM	Average Participant TRIG HY	HY2 2020	215#	↓ 1	-16% ↓
PM	Average Participant Total Cholesterol HY	HY2 2020	193#	↓ 1	-3% ↓
PM	Average Participant Body Fat% HY	HY2 2020	%40	↑ 1	3% ↑
Divider					
R CHIP Children, Adolescents, and Adults of Clay County will have Access to Mental Health Resources		Most Recent Period	Current Actual Value	Current Trend	Baseline % Change
I	% of Clay County did Not Get Mental Health Care or Counseling that was Needed in the Past Year	2018	8.60%	↑ 1	-16% ↓
I	% of Clay County with > 7 days of poor mental health/ past month	2018	17%	↑ 1	66% ↑
I	# of Clay County Foster Children who have been removed because of substance use issues	Jan 2020	27#	→ 0	0% →
P MHFA Mental Health First Aid		Most Recent Period	Current Actual Value	Current Trend	Baseline % Change
PM	AMHFA Mental Health First Aid Training Adult	Dec 2020	6#	↓ 1	-33% ↓
PM	YMHFA Mental Health First Aid Training Youth	Nov 2020	7#	↓ 1	-75% ↓
PM	Mental Health First Aid Training Veterans	Jul 2020	15#	→ 0	0% →

P	Parenting	Triple P Parenting Intervention	Most Recent Period	Current Actual Value	Current Trend	Baseline % Change
PM	Primary	Triple P Primary	Aug 2020	1#	↓ 1	-83% ↓
PM	Standard	Triple P Standard	Jun 2020	4#	↑ 1	300% ↑

**Divider**

R	CHIP	Children, Adolescents, and Adults of Clay County will have access to Mental Health Resources and Prevention Education	Most Recent Period	Current Actual Value	Current Trend	Baseline % Change
I		Youth average use of tobacco within the past 30 days	2018	68	→ 0	0% →
I		% of Clay County Adults using E-Cigarettes	2018	4%	↓ 1	-20% ↓
I		% of Clay County Adults who use tobacco	2018	16%	↓ 1	-40% ↓
I		Number of Opioids dispensed in Clay County	2017	961,000	→ 0	0% →

P	SU	Operation Medicine Drop Campaign	Most Recent Period	Current Actual Value	Current Trend	Baseline % Change
PM		Weight in pounds of medication	2019	96#	↓ 1	-4% ↓
PM		Outreach through Events	Feb 2020	50#	↑ 1	35% ↑
PM		Outreach Through Social Media: Reach	Jun 2020	431#	↓ 1	-49% ↓

P	PRIDE	People of Clay CARE: Drug Free Coalition	Most Recent Period	Current Actual Value	Current Trend	Baseline % Change
PM	11 Opioids	PRIDE Data Average Opioid use	—	—	—	—
PM	7 Tobacco	PRIDE Data Average Age of onset of Tobacco use	2018	12#	→ 0	0% →
PM		PRIDE Data Average number of student who have not used E-Cigs in the past 30 days. (9,11 grades)	2018	76#	→ 0	0% →
PM	11 Alcohol	PRIDE Data Average number of students who used alcohol in the past 30 days	2018	14#	→ 0	0% →
PM	Outreach	Community Outreach	Oct 2019	49#	→ 0	0% →
PM	Tobacco	Participation-Tobacco/E-Cig Education	Jun 2020	18#	↑ 1	-72% ↓
PM	Facebook	Outreach Through Social Media: Reach	Jul 2020	575#	→ 0	0% →

**New Emerging Issues and Initiatives**

R	Monitor New and Emerging Issues	Most Recent Period	Current Actual Value	Current Trend	Baseline % Change
<p><b>Notes</b></p> <p>These are the new or emerging issues in our community in 2020 that were not identified as priorities in our CHA. The two listed below were brought up and discussed in a Healthy Carolinians meeting that is comprised of community stakeholders for Clay County.</p> <ul style="list-style-type: none"> <li>• COVID-19 pandemic</li> <li>• Lack of access to high speed internet for remote work</li> </ul>					

R	Keep Track of New Initiatives and Community Changes	Most Recent Period	Current Actual Value	Current Trend	Baseline % Change
<p><b>Notes</b></p>					

The following are new initiatives or changes in our community since 2020:

- New Clay County Manager appointed. They are now both DHHS and County Manager.
- Clay County Health Director resigned August 2020.
- Southwire Cable closed March 2020. This has caused a loss of 45 employment opportunities within Clay County.
- New Clay County Elementary School opened fall 2020.
- New Clay County High School sports complex to be completed fall 2020.
- New Clay County Health Department Strategic Plan approved February 2020.
- Mountain Projects received a grant to help with the cost of Reconnect for Resiliency Training for the WNC counties.
- Clay County School personnel in 2020 have taken Resiliency training. They have had over 140 participants.
- Clay County Health Department started Facebook Campaigns during times of COVID-19.
- Strive to Thrive program onboards a 6 month program. Both the 6 month and year long program end August 2020.
- Clay County Health Department hosts first blood drive through Blood Assurance. 26 units of blood collected.
- Clay County has a contract with both Air Methods and Air Med Care that allows county employees and residents to be life flighted without cost to the patient.
- Clay County Senior Center gets new director and the building is being renovated.
- Clay County Health Department received funding to purchase group fitness equipment to be used within the Rec Gym and other community venues.
- Blood Assurance blood drives come to Clay County. 4 events hosted by the county since May 2020. 35 new donors, 89 total units donated, equaling 267 lives saved.
- Hinton Rural Life Center received a grant to purchase 100 green cleaning kits to be distributed to families.
- Hinton Rural Life Center has had over 400 loads for the Firewood ministry.
- Hinton Rural Life Center served 310 children through Christmas Cares
- Hinton Rural Life Center distributed 865 masks to over 200 families due to COVID-19
- RegionA Partnership served 252 children during Cookies with Santa.

Grants Awarded:

- School Safety Grants: Students at Risk
- Nantahala Health Foundation: Community Paramedic Program and CCHD Dental Program
- Highlands: Secondary Trauma and CCHD Dental Program
- Dogwood-ION: Clay County DSS, Clay County Senior Center, Clay County Recreation, Clay County RB, CCHD Dental Program
- WNC Bridge Foundation (COVID-19): Senior Center and Sheriff's Department
- NCHA: Community Paramedic
- Nantahala Nimbe: Clay County School, Clay County DSS, Clay County Community for Schools, Clay County Transportation
- NC 911 Fund: 911 Facility
- NC Department of Commerce: Building Reuse Fund

**R** COVID-19 Response

Most Recent Period	Current Actual Value	Current Trend	Baseline % Change
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